



Strawberry Chicken Spinach Salad

This recipe is especially nice on these hot days when you don't want to turn the stove on.

Ingredients

- 6 c fresh baby spinach
- 2 c julienne cooked chicken breast
- 2 c sliced fresh strawberries
- 1/2 large sweet yellow pepper, julienned
- 4 green onions, sliced
- 1/4 c red wine vinegar
- 3 tbsps olive oil
- 2 tbsps water
- 4 tsp honey
- 1/2 tsp dried minced onion
- 1/2 tsp salt
- 1/4 tsp pepper

Preparation

In a large salad bowl, toss the spinach, chicken, strawberries, yellow pepper and green onions. In a jar with a tight-fitting lid, combine remaining ingredients, shake well. Drizzle over the salad and toss to coat.

Makes 4 servings

Enjoy!!!